GREEN LIGHT SPECIAL

TRADING PROTOCOL

RISK FIRST
SIZE SECOND

The GLS execution standard for micro futures.
MNQ | MES | MYM | MGC

STRUCTURE OVER STRUGGLE

Version 1.0 · August 2026 · Read this before you place a single order.

INTERNAL - GLS TEAM USE

SECTION 01

The One Rule Everything Hangs On

Most blown accounts are not strategy failures. They are sizing failures wearing a strategy costume. A trader picks a contract count out of habit, then finds a stop that fits it. That is backwards, and it is the single most reliable way to lose an account.

FIND THE STOP FIRST.
THEN CALCULATE THE SIZE.

Contracts = $200 / (stop in points x point value)

Round **down**. Always. If the math says 4.7 contracts, you take 4. The risk number never changes to accommodate the setup you want to take.

> **WHY $200**
>
> On a 50K account with a $2,000 max loss, $200 per trade means ten losing trades in a row before you are out. No realistic losing streak inside a two-loss daily stop can breach the account. That is the entire point: the number is chosen so that being wrong repeatedly is survivable.

Point Values

Contract counts do not transfer between instruments. Dollars do. Ten contracts means something completely different on each of these.

INSTRUMENT	MARKET	PER POINT	TYPICAL 15M STOP
MNQ	Nasdaq 100	$2.00	10 - 20 pts
MES	S&P 500	$5.00	4 - 10 pts
MYM	Dow 30	$0.50	40 - 100 pts
MGC	Gold (COMEX)	$10.00	4 - 10 pts

SECTION 02

Sizing Lookup

Print this page. Tape it next to the monitor. You should never be doing arithmetic while a setup is forming.

MNQ · $2.00 per point

STOP	CONTRACTS	TARGET (2.5R)	RISK / REWARD
8 pts	12	20 pts	$192 / $480
10 pts	10	25 pts	$200 / $500
13 pts	7	32 pts	$182 / $455
16 pts	6	40 pts	$192 / $480
20 pts	5	50 pts	$200 / $500

MES · $5.00 per point

STOP	CONTRACTS	TARGET (2.5R)	RISK / REWARD
3 pts	13	7.5 pts	$195 / $488
4 pts	10	10 pts	$200 / $500
5 pts	8	12.5 pts	$200 / $500
8 pts	5	20 pts	$200 / $500
10 pts	4	25 pts	$200 / $500

MYM · $0.50 per point

STOP	CONTRACTS	TARGET (2.5R)	RISK / REWARD
30 pts	13	75 pts	$195 / $488
40 pts	10	100 pts	$200 / $500
50 pts	8	125 pts	$200 / $500
80 pts	5	200 pts	$200 / $500
100 pts	4	250 pts	$200 / $500

MGC · $10.00 per point

STOP	CONTRACTS	TARGET (2.5R)	RISK / REWARD
3 pts	6	7.5 pts	$180 / $450
4 pts	5	10 pts	$200 / $500
5 pts	4	12.5 pts	$200 / $500
6.5 pts	3	16 pts	$195 / $488
10 pts	2	25 pts	$200 / $500

SECTION 03

The Correlation Rule

This is the rule that quietly destroys accounts belonging to traders who think they are being diversified.

MNQ, MES AND MYM ARE THE SAME TRADE.

All three are US equity indices driven by the same flow. Holding MNQ and MES at the same time is not two positions - it is one position at double risk. If you are running mirrored accounts, that becomes **four times** your intended exposure on a single directional bet.

NEVER HOLD MORE THAN ONE INDEX POSITION AT A TIME

MGC is the only instrument on this list that genuinely diversifies. Gold trades off the dollar and yields, not equity flow, so a gold position may be held alongside one index position. Two indices at once is a sizing violation, not a strategy.

Instrument Selection

Choose during the pre-market review and commit. One instrument per session.

CONDITION	ACTION
One index aligned on DIR (Day + 4h)	Trade that index
Two or more indices aligned	Take the cleanest Blue Magic level ONLY
MGC aligned	Tradeable alongside one index position
Nothing aligned	No trade. Close the platform.

Character Notes

INSTRUMENT	CHARACTER	BEST CONDITIONS
MNQ	Fastest, widest range	Trending, tech-led days
MES	Smoothest, most liquid	Clean structure, tight stops
MYM	Slowest, respects levels	Choppy or rotational days
MGC	Level-driven, news-sensitive	Clear supply/demand reactions

SECTION 04

The Only Two Setups

Everything else on the chart is information. It is not permission.

SETUP A · Blue Magic Continuation

Primary setup. Full risk ($200).

All four conditions required:

- DIR column: **Day and 4h agree** on direction
- Price tags a Blue Magic level in that same direction
- Setup light green, and the banner is **not** showing WAIT or MIXED - WAIT
- Momentum oscillator confirms on the 15m

SETUP B · The Reverse

Secondary setup. Half risk ($100).

- DBL TOP marker present with momentum divergence
- Day and 4h disagree with the short-term move
- Only taken after Setup A has failed to appear

WAIT MEANS WAIT

A WAIT or MIXED - WAIT banner is not an invitation to take a smaller position. It is not cancelled by the lower timeframes turning green. It means there is no trade. The banner exists precisely for the moments when the chart looks most tempting.

Trade Template

ELEMENT	STANDARD
Risk per trade	$200 per account (Setup B: $100)
Target	2.5R = $500 per account
Bracket	Placed WITH the entry, server-side
Exit	EXIT BELL = flat. No exceptions.
Max trades per session	3
Session ends at	2 losses, or 1 target hit

THE BRACKET IS NOT OPTIONAL

The stop goes in with the entry, on the server, every single time. Hardware fails. Platforms freeze. Internet drops. A dead mouse should cost you one trade - never an account.

SECTION 05

The Session

Times are Pacific. The window is short on purpose.

TIME	ACTION
5:15 AM	Platform up. Economic calendar checked.
5:20 AM	COMEX gold open. Observe only - do not trade the first move.
6:00 AM	Top-down review: 1h > 15m > 5m. Mark Blue Magic and Prior Magic levels. Note DIR alignment. Choose the instrument.
6:30 AM	Equity cash open. DO NOT TRADE.
6:45 AM	First 15m candle closes. Window opens.
6:45 - 8:30 AM	PRIME WINDOW. Setup A or B only.
8:30 - 9:00 AM	Manage only. No new entries.
9:00 AM	Flat. Platform closed. Session logged.

> **NO AFTERNOON SESSION. NO REVENGE WINDOW.**
>
> The edge lives in the first two hours after the open. Everything traded after 9:00 AM is a different market being traded by a more tired version of you. The plan does not have an afternoon.

Hard Skips

Sit out entirely: **CPI, NFP, FOMC, PPI.** Gold reacts harder and faster to these than the indices do - dollar and yield moves hit MGC directly. If you only skip news on one instrument, skip it on gold.

Session Stops

- **Two losses and the day is over.** Not a smaller third trade. Over.
- **One target hit and the day is over.** Even at 7:00 AM.
- Maximum three trades regardless of outcome.
- Never switch instruments mid-session after a loss. That is revenge trading with extra steps.

SECTION 06

The Scaling Protocol

Size increases are earned through compliance, never through profit. A good week is not a promotion.

PHASE	RISK / ACCT	ACCOUNTS	GATE TO ADVANCE
0 - Setup	None	-	Bracket copy verified on a 1-micro test trade
1 - Evaluation	$200	2	Both pass. Zero breaches. 2-loss rule honored every session.
2 - Probation	$200	2	18 of 20 sessions PASS + one payout collected
3 - First increase	$300	2	Two consecutive clean payout cycles
4 - Expansion	$300	4	Two clean cycles across all four accounts
5 - Target state	$300	5	Sustained. Scale by account size beyond this.

PHASE 2 IS THE ONE THAT MATTERS

Twenty funded sessions at the same risk you passed with. You are not graded on P&L in this phase - you are graded on obedience. It will feel like wasted time. It is the phase that separates a trading business from a subscription to evaluation fees.

Session Scorecard

Six questions after every session. All six yes = PASS. Any single no = FAIL.

#	QUESTION
1	Did I take only Setup A or Setup B?
2	Did I size from the stop using the formula?
3	Did the bracket go in with the entry?
4	Did I flatten on the EXIT BELL?
5	Did I stop at two losses or one target?
6	Was I flat and closed by 9:00 AM?

Track the PASS/FAIL column harder than the P&L column. The money follows the compliance rate. It does not work the other way around.

SECTION 07

The Six Rules

	RULE	WHY
01	Find the stop first, then size.	$200 risk, every trade, every instrument. Round down.
02	Bracket in with every entry.	Server-side. Hardware failure costs one trade, never an account.
03	EXIT BELL means flat.	The tool exists to remove the decision from the moment you are worst at making it.
04	Two losses or one target ends the day.	The firm will not stop you. You stop you.
05	Micros only.	You scale by adding accounts, not by adding risk per account.
06	New accounts come from payout money.	Funding an account from outside capital means the plan already failed.

Session Log

One row per trade. Filled in the same day, not from memory at the end of the week.

DATE	INSTR	SETUP	STOP	QTY	$ RISK	RESULT	PASS/FAIL

STRUCTURE OVER STRUGGLE

This document describes an internal execution standard for GLS traders. It is not financial advice and it is not a guarantee of results. Futures trading carries substantial risk of loss and is not suitable for every investor. Verify all prop firm rules directly with your firm before trading, as terms change without notice. Green Light Special · August 2026 · Version 1.0